

Summer Challenge!

Sign-up this July and earn a FREE Month* when you workout 12 out of your first 30 days!

*New members only signing up during the month of July 2025. Free month based on 12 or more days of gym attendance in the first 30 days of membership on a 1 or 2-year agreement

Save up to \$52!



- Extensive Strength and
 Cardio Equipment
- Over 45 Group Classes
 Each Week!
- Functional Training Zone!
- Personal Training
- Small Group Training
- The Central Coast's
 Friendliest Staff...and
 Members!